

The National PSHE CPD programme

(6 live webinar sessions during January – April 2021)

Programme and Sessions Overview

By the end of the training participants will have:

- Planned a lesson
- Been observed teaching the lesson
- Critiqued the lesson
- Had many opportunities to reflect on your PSHE practice and how you would like to improve the PSHE at your school/setting
- Had time to consider issues relating to PSHE and advance your professional knowledge and understanding

Session 1

- Getting started with the CPD Programme
- Guidance and theory underpinning PSHE

Outcomes of the session:

- To have a clear understanding and overview of the training and requirements
- To know how to use the Reflective Journal and understand its purpose
- To have a greater awareness of the concepts and some of the theory which underpin PSHE
- To have increased knowledge of guidance documents and legislation which support PSHE

Session 2

- RSE and Health Education (including statutory Relationships, Sex and Health Education, England DfE 2019)

Outcomes of the session:

- To consider the implications of the 2019 statutory duty to teach Relationships Education/RSE & Health Education
- To have increased knowledge of guidance documents and legislation which support PSHE

Session 3

- Relationships Education and 'sensitive' issues
- Active teaching & learning
- Effective lesson planning

Outcomes of the session:

- To have a greater understanding of what constitutes effective Relationships Education and how to teach 'sensitive' issues
- To have a greater awareness of effective teaching and learning activities
- To be able to plan a PSHE lesson/session using the reflective lesson template
- To have a greater understanding of what constitutes effective Relationships Education and how to teach 'sensitive' issues
- To have a greater awareness of effective teaching and learning activities
- To be able to plan a PSHE lesson/session using the reflective lesson template

Session 4

- Assessment and evaluation
- Lesson observation preparation

Outcomes of the session:

- To understand the purpose of assessment and the difference between assessment and evaluation
- To understand the lesson observation requirements

Session 5

- Teaching PSHE that impacts on:
- Emotional and Mental Health

Outcomes of the session:

- To have confidence in how PSHE can be a key contributor to Emotional and Mental Health
- To know how to successfully complete the National PSHE CPD Programme

Session 6

- Teaching PSHE that impacts on:
- Staying Safe
- Values, Equality and Safeguarding

Outcomes of the session:

- To understand the Equality and Safeguarding Duties and how PSHE supports these
- To have considered how values influence school ethos and PSHE
- To know how to successfully complete the National PSHE CPD Programme