

Staff Group Supervision in Schools

Providing regular opportunities to review, reflect, evaluate and develop your professional practice in a safe, supportive and affirming environment.

An overwhelming majority of the UK's education professionals have suffered mental health issues as a result of their jobs (YouGov, Education Support Partnership, 2017). The pressures of audit and assessment mean that teachers often have relatively little time to meet and discuss new approaches to teaching and supporting students. A frequent criticism of the outsourcing of CPD is that trainers come in, do their training and then disappear; the training tends to be superficial (Weston, 2013). Staff Supervision offers a solution.

Support with managing demands is particularly important for staff who work with children and young people who have complex and challenging needs. Group supervision provides an opportunity for staff to reflect on and review their practice, discuss individual children and young people's needs in depth, explore how to change or modify their own practise, and gain emotional support for the challenges experienced. The benefits can include increased resilience with managing the demands of the role, whilst gaining ongoing professional development opportunities.

Group supervision involves face-to-face meetings, on an agreed, regular basis. Supervisors facilitate a specific process to enable individual staff to receive support from colleagues to analyse tricky or complex situations or issues, generating alternative solutions and providing supportive feedback. Each group supervision session requires supervisees to attend for 1½ hours. The sessions can be delivered at a time and venue convenient for you.

All Babcock LDP Educational Psychologists providing supervision have received extensive additional training recognised by the British Psychological Society with eligibility for the Register of Applied Psychology Practice Supervisors (RAPPS).

SESSION OUTCOMES

The opportunity for staff to:

- Reflect on and review their practice
- Discuss individual children and young people's needs in depth
- Explore how to change or modify practice
- Gain emotional support for challenges experienced

WHEN and WHERE

Monthly group supervision sessions for 1 term for up to 8 members of staff (consisting of 3 group sessions over a period of 12 weeks) is £474 + VAT. Alternatively schools can also use time purchased through their subscription to the Babcock LDP Educational Psychology Service.

For more information please contact Babcock LDP Educational Psychology Service on 01392 287233.